

How should we read the Bible?

discussion guide

based on **Psalm 1 & Mark 4.1-20**

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This was the second part of a series on Why and How to read the Bible.

Intro: Describe a time you've had to wrestle with a passage from the Bible

Read Psalm 1

What strikes you about these verses?

What do we learn about God from these verses?

What do we learn about ourselves from these verses?

What do you need to put into practice from these verses?

Read Mark 4.1-20

What strikes you about these verses?

What do we learn about God from these verses?

What do we learn about ourselves from these verses?

What do you need to put into practice from these verses?

Dan gave some pointers on reading the Bible:

- Read it like an autobiography (ie relationally; it is God inviting us into his life)
- Read it through a lens (ie seeing how it all points to Jesus)
- Eat it like a cow eats grass (ie slowly, meditating; fruit takes time)
- Don't stand over the Bible; sit under its authority
- Read it on your knees (ie humbly, prayerfully)

Which of these stood out to you most? Why?

What would you add to the list?

Personal reflection:

Head – what have you learned in this session that you need to ponder on more?

Heart – what has spoken to your heart in this session that you need to pray through more?

Hands – what actions do you need to take to put this into practice?

Is there anything from this reflection you want to share with your group (or one or two others in the group) so they can pray for you specifically, and encourage you in the days ahead?