

How do we assess our heart's desires?

When we talk about our heart in this context, we are really thinking about our desires and passions, the things that drive and motivate us. We talk about someone's heart being in something (or conversely not being in it) by which we mean that someone has a passion for what they are doing. When we do things we are passionate about, we are committed to them and want to see them through.

Spend some time thinking about and discussing what you are passionate about. Give each group member a piece of paper, then get them to fold the paper into four. In each quarter write the following titles: PEOPLE, CAUSES, SERVICE, NEED. Give about 10 minutes for each person to prayerfully fill these in for themselves by answering these questions:

PEOPLE: Which people or groups of people do you feel passionate about (e.g youth, older people, disadvantaged, disabled etc)?

CAUSES: What causes are you passionate about? (these could be charities, political groups, environmental issues or local issues)

SERVICE: How do you love to serve others? (e.g. through hospitality, encouragement, prayer, friendship etc.)

NEED: What needs tug at your heart and move you? (e.g. poverty, mental health, loneliness)

Give some time to discussing in pairs or as a group what you have written down.

Prayer: Spend some time praying for one another in pairs or as a whole group that God would begin to bring clarity to one another as to how we can follow our God given desires and what steps God might want us to take next.