



## Activity

Speaking in a group about past experiences may be hard for some. Be sensitive to one another and share only what you feel comfortable with. You may want to explore these questions more deeply alone or with your prayer partner or close friend. We are going to look at six areas of experience. You may not get through them all and you may want to split into smaller groups for ease of discussion.

Examine these experiences from your past:

- Family experiences: Are there particular experiences that stand out to you? How have they shaped your view of God or of other people?
- Educational experiences: What were your favourite subjects at school? What are standout memories of school, either good or bad? How have the choices you made at school influenced your life?
- Vocational experiences: What jobs have you been most effective in and enjoyed most?
- Spiritual experiences: What have been your most meaningful times with God? When have you felt God spoke most clearly to you? When have you felt most close to God?
- Ministry experiences: How have you served God in the past? When have you felt most fulfilled in ministry?
- Painful experiences: What problems, hurts, thorns, and trials have you learned from?

## Prayer

For some people in the group, thinking about past experiences may be quite painful. It would be good to cover one another in prayer, asking God to protect hearts and minds.

End by reading Romans 8:31-39 to remind you that nothing can separate you from God's love.