









## Spiritual growth ...

- should be the norm throughout the Christian life
- · comes as we build each other up

"Christ himself gave [various gifts], to equip his people for works of service, so that the body of Christ may be built up until we ... become mature, attaining to the whole measure of the fullness of Christ. Then we will no longer be infants, tossed back and forth by the waves ... The whole body ... grows and builds itself up in love, as each part does its work." (Ephesians 4)





